

# GETTING FAMILIAR WITH

**Pr** **ORGOVYX**<sup>®</sup>  
(relugolix) 120 mg  
tablets



ORGOVYX<sup>®</sup> is used to treat adults with advanced prostate cancer.





# YOUR GUIDE TO ORGOVYX®

**You've been prescribed ORGOVYX® to help treat your advanced prostate cancer.**

This guide was designed to make your treatment experience as straightforward as possible by providing information that will help you get familiar with ORGOVYX®.



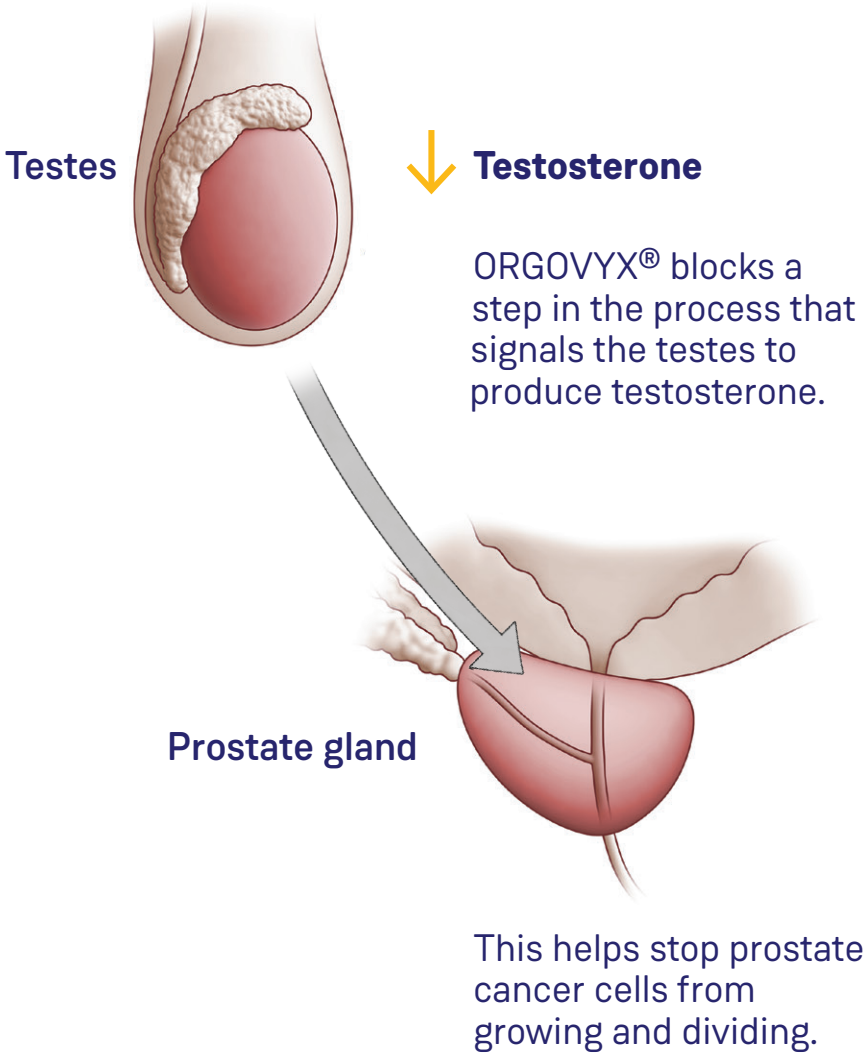
## **YOUR OWN SUPPORT SYSTEM!**

Whether it's your healthcare team,  
your family, or your caregiver,  
**support is nearby.**

If you have any questions, reach out  
to your healthcare team.

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# HOW DOES ORGOVYX® WORK?



# HOW DO I TAKE ORGOVYX®?

Remember to take ORGOVYX® exactly as prescribed by your healthcare professional.



Take three tablets (360 mg) on the first day.



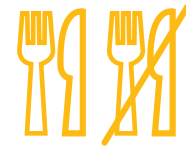
The usual dose afterwards is one tablet (120 mg) once daily.



Swallow tablets whole; do not crush or chew them.



Take at the same time each day.



Take with or without food.

Take your dose every day unless your doctor tells you to stop or change your dose.

Refer to the frequently asked questions to know what to do in case of a missed dose or an overdose.

# HOW DO I STORE ORGOVYX®?

- Store ORGOVYX® between 15 °C and 30 °C
- Keep ORGOVYX® out of the reach and sight of children
- Keep the bottle tightly closed
- Do not remove the desiccant from the bottle (the desiccant keeps the medicine dry)
- **DO NOT FLUSH** unused tablets down the toilet. Return them to the pharmacy or dispose of them in a safe way according to local requirements.

# WHAT DO I NEED TO KNOW BEFORE I TAKE ORGOVYX®?

**Do not use ORGOVYX® if you are allergic to relugolix or any of the other ingredients in it or the container.**

**To help avoid side effects and ensure proper use, talk to your healthcare professional (HCP) before you take ORGOVYX®.**

Talk about any health conditions or problems you may have, including:



- Thyroid problems.



- Kidney or liver problems.



- Osteoporosis or any condition that affects the strength of your bones. Lower levels of testosterone may lead to thinning of bones.



- A history of heart problems, including heart rhythm or heart failure.

**Tell your HCP right away if you get any signs or symptoms like dizziness, fainting, feeling that your heart is pounding or racing (palpitations), or chest pain.**

## Potential interactions with other medications

**Tell your HCP about all the medicines you take, including any drugs, vitamins, minerals, natural supplements, or alternative medicines.**

The following may interact with ORGOVYX®:

- Medicines used to treat bacterial infections, such as erythromycin and rifampin
- Medicines that can lower blood salt levels (electrolytes), such as diuretics (water pills), laxatives, and enemas (rectal injections)
- Amphotericin B, used to treat fungal infections



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# WARNINGS AND PRECAUTIONS

## Serious warnings and precautions

Possible serious side effects include **QT prolongation (a heart rhythm condition)**.

- **Tell your HCP right away if you get any signs or symptoms** like dizziness, fainting, feeling that your heart is pounding or racing (palpitations), or chest pain. Those can be symptoms of serious heart rhythm problems.

## Other warnings you should know about



### Check-ups and testing

You will have regular visits with your doctor before, during, and at the end of your treatment. Your doctor will:

- Check your pituitary and gonad glands
- Check that your heart is working properly (electrical activity)
- Do blood tests to check for prostate-specific antigen (PSA), body salts (electrolytes)



### Fertility

Treatment with ORGOVYX<sup>®</sup> may affect your ability to father a child.

#### For male patients

- While taking ORGOVYX<sup>®</sup>:
  - Avoid fathering a child
  - Use a condom while having sex with a partner who is pregnant, may be pregnant, or could get pregnant
    - Continue using condoms until two weeks after your last dose
  - If your partner becomes pregnant or thinks they are pregnant, tell your HCP right away

#### For female patients

- If you are able to become pregnant:
  - Avoid becoming pregnant while on ORGOVYX<sup>®</sup>. Use effective birth control during treatment and for at least two weeks after your last dose
  - If you become pregnant or think you may be pregnant, tell your HCP right away
- Talk to your HCP about breastfeeding

# WHAT ARE THE POSSIBLE SIDE EFFECTS OF ORGOVYX®?

## The most common side effects of ORGOVYX® include:

- hot flush
- muscle, joint, and bone pain
- feeling tired (fatigue)
- diarrhea
- constipation
- weight gain
- high blood pressure
- sleeplessness
- dizziness
- headache
- nausea
- breast enlargement in men (gynecomastia)
- low red blood cell count (anemia)
- rash
- increased sweating
- depression
- low sex drive

These are not all the possible side effects that you may experience when taking ORGOVYX®.

**If you experience any side effects not listed here, contact your HCP.**



### **ORGOVYX® can cause abnormal blood test results.**

Your HCP will do blood tests during your treatment, which will tell them how ORGOVYX® is affecting your blood, heart, liver, kidneys, and hormones.

# WHEN SHOULD I TALK TO MY HEALTHCARE TEAM?

Talk to your healthcare team if you experience any of the following (in all cases):

## Uncommon



- **Bleeding problem:** Blood in the stool, urine, or eye; vomiting blood; coughing up blood; purple spotted rash



- **Bone fracture** (broken bone): Area around break will be painful and swollen, bulge or bump at site of break, broken bone may push through skin



- **Lung problems** (including pneumonia, lung disease, and lung cancer): Chest pain when you breathe or cough, confusion, cough which may produce phlegm, fatigue, fever, sweating and shaking chills, nausea, vomiting or diarrhea, shortness of breath, wheezing, chest tightness



- **Urinary tract infection** (infection in urinary system, including kidneys, ureters, bladder, and urethra): Pain or burning sensation while urinating, frequent urination, blood in urine, pain in the pelvis, strong-smelling urine, cloudy urine



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# WHEN SHOULD I STOP TAKING ORGOVYX® AND GET HELP?

Stop taking ORGOVYX® and get immediate medical help if you have any of the following:

## Uncommon



• **Acute kidney failure** (severe kidney problems): Confusion, itchiness or rashes, puffiness in your face and hands, swelling in your feet or ankles, urinating less or not at all; weight gain



• **Heart failure** (heart does not pump blood as well as it should): Shortness of breath; fatigue and weakness; swelling in ankles, legs, and feet; cough; fluid retention; lack of appetite; nausea; rapid or irregular heartbeat; reduced ability to exercise



• **Myocardial infarction** (heart attack): Pressure or squeezing pain in the chest, jaw, left arm, between the shoulder blades, or in the upper abdomen; shortness of breath; dizziness; fatigue; light-headedness; clammy skin; sweating; indigestion; anxiety; feeling faint; possible irregular heartbeat



• **QT prolongation** (a heart rhythm condition): Dizziness; palpitations; fainting or near fainting; seizures; rapid, slow, or irregular heartbeat; chest pain

## Unknown



• **Allergic reaction:** Difficulty swallowing or breathing; hives or rash; swelling of the face, lips, tongue, hands, feet, or throat; swelling of the digestive tract causing diarrhea, nausea, or vomiting

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your HCP.



Please refer to the ORGOVYX® Patient Medication Information leaflet for complete safety information.

# FREQUENTLY ASKED QUESTIONS ABOUT ORGOVYX®

## "CAN I STOP TAKING MY MEDICINE?"

Don't change your dose or stop taking ORGOVYX® unless your HCP tells you to.

Remember to always take ORGOVYX® exactly as your HCP tells you to take it.

## "WHAT IF I FORGOT TO TAKE MY ORGOVYX®?"

If you miss a dose of ORGOVYX®, take it as soon as you remember. Take your next dose at the usual time the next day.

However, if your next dose is due within 12 hours, then skip the missed dose and take the next dose at your regular time.

**Do not take a double dose to make up for a forgotten dose.**

## "WHAT IF I TAKE TOO MUCH ORGOVYX®?"

If you think you, or a person you are caring for, have taken too much ORGOVYX®, contact an HCP, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

# HELPFUL RESOURCES FOR YOU!

Visit the sites below to learn more about your condition, access resources, connect with others, and more.

## Canadian Cancer Society

[www.cancer.ca](http://www.cancer.ca)  
1-888-939-3333

## PROCURE

[www.procure.ca](http://www.procure.ca)  
1-855-899-2873

## Canadian Cancer Survivor Network

[www.survivornet.ca](http://www.survivornet.ca)  
613-898-1871

## Life on ADT

[www.lifeonadt.com](http://www.lifeonadt.com)  
403-355-3214


## Prostate Cancer Foundation Canada

[www.prostatecanada.ca](http://www.prostatecanada.ca)  
1-877-840-9173



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